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| First Aid Box Contents | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
| Guidance leaflet on first aid |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 Burn Relief Dressings 10cm x 10cm |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 Conforming Bandages 7.5cm x 4m |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 Finger Dressings with Adhesive Fixing 3.5cm |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 Foil Blankets Adult Size |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 Resuscitation Device with Valve |  |  |  |  |  |  |  |  |  |  |  |  |
| 20 individually wrapped sterile adhesive dressings (assorted sizes) |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 sterile eye pads |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 individually wrapped triangular bandages |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 medium sized dressings |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 large dressings |  |  |  |  |  |  |  |  |  |  |  |  |
| A pair of nitrile disposable gloves |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 pair of scissors |  |  |  |  |  |  |  |  |  |  |  |  |
| Microporous Tape 2.5cm x 5m |  |  |  |  |  |  |  |  |  |  |  |  |
| Individually wrapped moist wipes |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 litre of sterile normal saline (0.9%)  |  |  |  |  |  |  |  |  |  |  |  |  |
| Safety Pins |  |  |  |  |  |  |  |  |  |  |  |  |
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First Aid Box Contents Checklist Year: