

SCOTTISH DIETETIC PLACEMENT PROFILE

NHS Trust/PCT: Grampian Acute & Primary Care	Trust Code: 08
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Placements offered (tick all that apply)

A

B

C

Workforce profile (2010)

Consultant Dietitians	Managers	Dietitians (AfC Band 6&7 equivalent)	Dietitians (AfC Band 5 equivalent)	Dietetic Assistants	Administrative	Other
0	8.27	32.69	5	4.29	2.45	

Residential student accommodation

Accommodation may be available for students locating from out-with the Grampian region at a cost of £296.00 per month. The accommodation is located on the Woodend Hospital site each room is equipped with a single bed and a sink and has communal kitchen and bathroom facilities. There are no internet facilities available.

Summary of service and health care provision

Acute Care: Inpatient and outpatient settings, nutritional support, obesity, therapeutic diets, maternity and paediatrics.

Primary Care: Home enteral tube feeding, mental health, domiciliary visits, community hospitals, residential homes, care homes, public health.

Placement A

The learning experience

The placement programme provides a number of activities to meet specific aims. An introduction to dietetics involves an induction tutorial and time spent shadowing a dietitian. Students are able to practice communication skills with patients by taking a diet history and liaising with dietitians. They are given the opportunity to visit other health care professionals and attend appropriate meetings with dietitians. Time will also be spent in the catering department and on wards with nursing staff. A placements are provided in one of the following settings: Royal Aberdeen Children's Hospital; Royal Cornhill Hospital; City Hospital; and the Community Department.

Placement B

The learning experience

The B placement programme provides a wide range of different activities to meet specific learning outcomes. The induction includes discussion of the 12 week programme, expectations of the student and clinical educator and assessment methods. It also includes the completion of a learning style questionnaire, enabling facilitation of the individual learners needs.

5 assessment tools have been produced in order to cover the different learning outcomes. These include: patient consultation; oral presentations; team working; health promotion; and professionalism.

Throughout the placement, students will spend time in different locations and specialities. Time will be spent in Acute Care, split between a large teaching hospital and a general hospital. Students will see patients with a range of clinical conditions in various settings e.g. inpatient and outpatient settings. Time will also be spent in the Primary Care setting, which includes inpatient and outpatient activities and domiciliary visits, with a range of clinical conditions covered. The student is expected to complete a health promotion tutorial and conduct a presentation to a client group. The student will also spend time within Acute/Primary Care e.g. mental health, learning disabilities or paediatrics. Depending on individual timetables students may be required to travel out with Aberdeen city to Aberdeenshire or Moray via public transport or own transport if available.

Students are made aware of the evidence based practice by attending professional development meetings and shadowing dietitians. Students will be given the opportunity to attend multidisciplinary team meetings and visit other health care professionals.

Throughout their placement students are encouraged to complete a reflective diary to encourage reflective practice. Extracts of this can be used as evidence for their portfolio.

Students complete a weekly progress summary, which is then discussed with the clinical educator for that week. They are given the opportunity to discuss their strengths and any key areas for improvement. The clinical educator will discuss progress with learning outcomes and any other issues that have arisen. Students are formally assessed on week 6 and

week 12 of their placement by the lead clinical educator. Students are encouraged to complete an evaluation of their clinical placement to aid programme redesign.

Placement C

The learning experience

The C placement provides a wide range of different learning activities to meet specific learning outcomes. The programme is similar to Placement B, but the student is consolidating their clinical experience. The induction includes discussion of the 12 week programme, expectations of the student and clinical educator and assessment methods. It also includes the completion of a learning style questionnaire, which enables the facilitation of the individual learners needs.

6 assessment tools have been produced in order to cover the different learning outcomes. These include: patient consultation; oral presentations; team working; health promotion; professionalism; and clinical governance.

Throughout the placement, students will spend time in different locations and specialities. Time will be spent in the Acute Care setting, split between a large teaching hospital and a smaller general hospital. Students will see patients with a range of clinical conditions in various settings e.g. inpatient and outpatient settings. Time will be spent in the Primary Care setting, which includes inpatient and outpatient activities and domiciliary visits – again a wide variety of clinical conditions will be covered. The student is expected to complete a health promotion project and also plan, deliver and evaluate a presentation to a client group. Time will also be spent within Acute/Primary Care e.g. mental health, learning disabilities or paediatrics. Students will be made aware of evidence based practice by attending continual professional development meetings and shadowing dietitians. Students will be given the opportunity to attend a multidisciplinary team meeting and will be expected to contribute to the effectiveness of both dietetic and multi-disciplinary teamwork on at least one occasion.

Depending on individual timetables students may be required to travel out with Aberdeen city to Aberdeenshire or Moray via public transport or own transport if available.

Throughout their placement students are encouraged to complete a reflective diary to encourage reflective practice. Extracts of this can be used as evidence for their professional portfolio.

Students complete a weekly progress summary, which is then discussed with the clinical educator for that week. They are given the opportunity to discuss their strengths and any key areas for improvement. The clinical educator will discuss progress with learning outcomes and any other issues that have arisen. Students are formally assessed on week 6 and week 12 of their placement by the lead clinical educator. Students are encouraged to complete an evaluation of their clinical placement to aid programme design.

**NHS GRAMPIAN
SAMPLE B/C PLACEMENT TIMETABLE**

Week Commencing	Week No.	Student 1	Student 2	Student 3
	1	Aberdeen Royal Infirmary	Woodend	Community
	2	Aberdeen Royal Infirmary	Woodend	Community
	3	Royal Cornhill Hospital	Adult Learning Disabilities	Royal Aberdeen Children's Hospital
	4	Community	Aberdeen Royal Infirmary	Woodend
	5	Community	Aberdeen Royal Infirmary	Woodend
	6	Woodend	Aberdeen Royal Infirmary	Aberdeen Royal Infirmary
	7	Woodend	Aberdeen Royal Infirmary	Aberdeen Royal Infirmary
	8	Aberdeen Royal Infirmary	Community	Aberdeen Royal Infirmary
	9	Aberdeen Royal Infirmary	Community	Aberdeen Royal Infirmary
	10	Aberdeen Royal Infirmary	Woodend	Community
	11	Aberdeen Royal Infirmary	Woodend	Community
	12	Aberdeen Royal Infirmary	Woodend	Community
Clinic		DM clinic (Mon am)	DM clinic (Tue am)	DM clinic (Wed am)