

SCOTTISH DIETETIC PLACEMENT PROFILE

NHS Trust/PCT: NHS Greater Glasgow & Clyde – Mental Health	Trust Code: 10
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Placements offered (tick all that apply)

- A**
- B**
- C**

Workforce profile

Consultant Dietitians	Managers	Dietitians (AfC Band 6&7 equivalent)	Dietitians (AfC Band 5 equivalent)	Dietetic Assistants	Administrative	Other
0	2.0wte	10.2wte	0 wte	0 wte	1 wte	0 wte

Residential student accommodation

Nil

Summary of service and health care provision

Mental Health Dietetic Services work across the board area providing dietetic services to a range of clinical areas including Child and Adolescent Mental Health (CAMHS) and Adult services in Addictions, Mental Health, Forensics and the Adult Eating Disorder Service.

The Mental Health Dietetic Service has 3 broad functions:

Clinical Care

The service provides dietetic clinical care to patients in various inpatient and community settings: inpatient wards, day hospital units, community based clinics, patient's own homes and supported residential units. The service provides dietetic input to a variety of clinical and often complex areas. The workforce of the service includes dietitians specialising in child and adolescent mental health (CAMHS), addictions, general mental health, forensics and adult eating disorders. Mental health dietetics provides therapeutic nutritional care to patients with wide and varying clinical conditions to improve health and wellbeing, prevent ill health, improve

outcomes and promote independence for people living with long term conditions.

Health Improvement

The service is involved in the delivery of a range of health improvement activities. Mental Health Dietitians work in partnership with health improvement, fellow AHP's, nursing and third sector colleagues to develop, deliver and evaluate a range of health improvement initiatives focusing on healthy lifestyle activities. The focus of this area of work centres on improving knowledge around nutrition and good health and supporting people to achieve their goals. Mental Health dietetics is committed to reducing inequalities in health. An example of work in this area is the provision of dietetic care to people who have addictions, where homelessness, high levels of unemployment and little family support may be present.

Nutrition Training and Education

Mental Health Dietitians actively and continuously engage in the training of the wider workforce to provide appropriate first line dietary advice and support patients with nutrition related goals. Skilling up the wider workforce ensures the delivery of simple nutritional messages in a timely manner, but also creates capacity within the mental health dietetic service to focus on complex areas of nutritional care.

The Mental Health Dietetic Service workforce includes 16 Health & Care Professions Council Registered Dietitians, (12.2 WTE) and 1 dedicated WTE administrative support staff.

The Mental Health dietitians within Addictions and CAMHS are operationally managed by the dietetic leads in these areas. Elsewhere within Adult MH services, the dietitians are line managed directly by the Mental Health Partnerships across the HSCP, NHS GG&C, and professionally supported by the Dietetic Lead for MH. Mental health dietetics work in partnership with both Adult and Paediatric Services to ensure the delivery of a seamless dietetic service where patients are treated by an appropriately trained dietitian at the appropriate time and most suitable setting. The Mental Health Dietetic Service actively collaborates with all other dietetic services on many practice development issues and initiatives.

Placement A

The learning experience

Student Dietitians are warmly welcomed to NHS GG&C Mental Health Nutrition and Dietetic Service.

We like to make initial contact with each student in writing and by telephone. Depending on team staffing and the number of Student Dietitians we have at any one time, we usually allocate two students per quadrant. Student Dietitians are emailed with a Welcome Pack which details where their base will be, induction plans, service background and local information.

We plan for 1 day of induction then spend time ensuring the students are orientated at their base and meet the dietitians they will be working with. Placement timetables are developed, with each student's learning styles and special interests taken into consideration. Student Dietitians will be given the opportunity to shadow dietetic consultations; they are then supported and encouraged to further develop and refine their consultation skills in order to successfully complete their A Placements. The clinical areas covered during placement will vary considerably during each placement with students typically gaining experience in a range of areas within MH. Clinical experience in areas such as such as how MH conditions impact on nutritional status, Eating Disorders, Addictions, Forensics, Nutrition Support, Diabetes, Gastrointestinal, Liver and Renal disease may be experienced. Student Dietitians may gain dietetic experience in a variety of settings including; inpatient wards, hospital day clinics, community clinics, patient's own homes and residential support units. Student Dietitians may also observe dietetic assessments for enterally fed patients.

We support Student Dietitians in the completion of the assigned tasks within their A Portfolio and ensure time is designated for the completion of the tasks. We believe students benefit from Peer Assisted Learning and the planning of the tasks that students undertake is reflected in this.

The Dietetic Lead and supervising Dietitians provide regular verbal feedback to Student Dietitians in order to support progression through A placement, encouraging Student Dietitians to reflect on practice and time is set aside for Student Dietitians to benefit from a mid-way and final Review of Placement A.

Student Dietitians may be given the opportunity to observe and deliver on various Health Improvement activities during their placement.

NHS GG&C Mental Health Nutrition and Dietetic Service strive to provide a high quality A placement, ensuring our Student Dietitians feel supported.

Placement B

The learning experience

NA

Placement C

The learning experience

NA

Quality Assurance

[Link University for approval and monitoring:](#)

The Robert Gordon University

Queen Margaret University

Glasgow Caledonian University

Most recent approval date: On-going. Submitted June 2018.

Maximum number of student learners who can be supported at any time: 4

Placement A:

Placement B:

Placement C:

Oct 2018