

## SCOTTISH DIETETIC PLACEMENT PROFILE

<b>NHS Trust/PCT:</b> <b>NHS FORTH VALLEY</b>	<b>Trust Code:</b> <b>05</b>
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<b>Placements offered (tick all that apply)</b>		
<b>A</b>	<input type="checkbox"/>	✓
<b>B</b>	<input type="checkbox"/>	✓
<b>C</b>	<input type="checkbox"/>	✓

### Workforce profile

Consultant Dietitians	Managers	Dietitians (AfC Band 6&7 equivalent)	Dietitians (AfC Band 5 equivalent)	Dietetic Assistants	Administrative	Other
	1.79	20.9 (plus 1.2 non HCPC)	6.61 (plus 1.9 non HCPC)	4.02	3.42	

### Residential student accommodation

**There is no health service accommodation for any placement**

### Summary of service and health care provision

Website: [nhsforthvalley.com](http://nhsforthvalley.com)

Forth Valley has a total population of approximately 288,000 with the majority concentrated around the main towns of Falkirk and Stirling, with the rest (25%) located across an extensive rural area covering central Scotland.

NHS Forth Valley has an acute hospital, Forth Valley Royal Hospital in Larbert, which is supported by a network of four community hospitals in Stirling, Falkirk, Clackmannanshire and Bo'ness. We also have a number of day and inpatient hospitals which provide care for older people and patients with mental illness.

There are 2 Dietetic Departments delivering a service to the whole population. One department provides Acute Services in the state of the art Forth Valley Royal Hospital at Larbert. This hospital has 860 inpatient beds, 25 wards, and 16 operating theatres. It opened in 2010 and was Scotland's largest ever NHS construction project at the time.

The other Dietetic department is based in two sites – Falkirk Community

Hospital and Stirling Community Hospital. It provides a service to the 3 Local Authorities (Falkirk, Stirling & Clackmannan), covers all 56 GP practices, plus patients in their own homes or care homes along with in-patient and community care to clients with learning disability, mental health problems and those enterally fed at home, along with public health nutrition work.

## **Placement A**

### **The learning experience**

The A placement focuses on self directed learning as far as possible with 2 students on placement together using the Peer Assisted Learning (PALs) model. The placement may be undertaken in either the hospital or the community depending on other student commitments. In the latter there is the opportunity to experience a wide range of dietetics and work shadowing of a team of specialist Dietitians who work with a significant diversity of clients in a range of settings in both urban and rural areas. There is a strong focus on practical application of food knowledge and nutrition skills link to public health and health promotion with a range of clients. Opportunities are provided to undertake the national activities set out in the "A" portfolio. It should be noted that the placement will be delivered across Forth Valley and may involve travel to outlying towns.

## **Placement B**

### **The learning experience**

The delivery of B placements in NHS Forth Valley are integrated across both acute and primary care using the PAL model. Placements will be delivered via a series of teams, taking a broad geographical approach. Students will therefore be required to travel to various locations during their 12 weeks in Forth Valley.

Typically students spend 6 weeks in Forth Valley Royal Hospital and 6 weeks with the community teams. All students therefore experience both acute & community dietetics.

Each placement starts with 1 week induction and orientation together with training on the various IT systems used by Dietitians (including the Electronic Patient Record). The student's preferred learning style is established which may influence how the training is conducted.

The placement is skills based and follows the dietetic care pathway, so students spend 4 weeks on assessment, 4 weeks on care planning and 3 weeks on care delivery. Each week will comprise a combination of shadowing, patient contact (conducting interviews and giving education) and development of practical knowledge utilising the national activities set out in the "B" portfolio.

Students will be asked to appraise themselves, reflect on practice and feed forward to the next stage of their training.

On an ongoing basis they will have feedback from their supervisor and fortnightly formal reviews.

Multi-professional working will be encouraged and students will have experiential learning through visits and shadowing of other professionals. Students will have experience in planning and delivering training/ talks to Dietitians and patient groups and will have the opportunity to gain feedback from other professionals.

## Placement C

### The learning experience

The delivery of C placements in NHS Forth Valley are integrated across both acute and primary care using the PAL model. Placements will be delivered via a series of teams, taking a broad geographical approach. Students will therefore be required to travel to various locations during their 12 weeks in Forth Valley.

The placement is split into 5 weeks with one dietetic team (acute or community ) followed by 7 weeks with the other team (acute or community). All students therefore experience both acute & community dietetics.

The placement is skills based, building on skills developed on B placement. The programme follows the dietetic care pathway so, after an initial induction week, students typically spend 3 weeks on assessment of more complex patients, 3 weeks on care planning and 3 weeks on care delivery. Consolidation of learning takes place in the final 2 weeks. Each week will comprise a combination of shadowing, patient contact (conducting interviews and giving education) and development of practical knowledge utilising the national activities set out in the "C" portfolio. Students will be asked to appraise themselves, reflect on practice and feed forward to the next stage of their training.

On an ongoing basis they will have feedback from their supervisor and fortnightly formal reviews.

Multi-professional working will be encouraged and students will have experiential learning through visits and shadowing of other professionals. Students will have experience in audit, planning and delivering training/ talks to Dietitians and patient groups and will have the opportunity to gain feedback from other professionals.

### Quality Assurance

#### Link University for approval and monitoring:

**The Robert Gordon University**

**Queen Margaret University**  ✓

**Glasgow Caledonian University**

#### Most recent approval date:

**23.04.13**

#### Maximum number of student learners who can be supported at any time:

**Placement A:**  4

**Placement B:**  4

**Placement C:**  4

OCT 2019