

SCOTTISH DIETETIC PLACEMENT PROFILE

NHS Trust/PCT: NHS DUMFRIES AND GALLOWAY	Trust Code: 03
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Placements offered (tick all that apply)

A

B

C

Workforce profile

Consultant Dietitians	Managers	Dietitians (AfC Band 6&7 equivalent)	Dietitians (AfC Band 5 equivalent)	Dietetic Assistants	Administrative	Other
0	0	17	3/4	2.5	1.4	

Residential student accommodation

NIL

Summary of service and health care provision

NHS Dumfries and Galloway is a large rural, regional service across two Acute hospital sites located in Dumfries and Stranraer, Acute services delivered include care of the older adult, orthopaedics, general medicine, surgical, gastroenterology, and Critical care.

The Catering dietitian works closely with both the clinical dietitians and the Catering management team to support compliance with standards of Nutritional care and food, fluid provision for both patients and staff.

Acute hospital services, training and education are delivered from Dumfries and Galloway Royal Infirmary and the Galloway Community Hospital, Stranraer.

Adult Community based Nutritional Support services are delivered in various Out-patient settings across the region, by the Community Dietetic team, including the patient's own homes, GP practices and in Mountainhall Treatment Centre, Dumfries. Community Services offered on this site include, Nutrition support, Enteral feeding, Gastroenterology, Diabetes, Weight management, Renal.

Paediatric Out-patient services are delivered across the region by the

paediatric dietetic team who are based in and operate from The Willows, children, young persons and families centre in Dumfries.

Mental Health In-patient dietetic services are delivered at the Midpark hospital site. Specialist eating disorder services (SEDS) are delivered at the SEDS unit in Mountainhall Treatment Centre, Dumfries.

NHS Dumfries and Galloway is an Integrated Health Board which serves a population of approximately 147,930 across a predominantly rural area. The main town, Dumfries is in the East of the region with a population of 35,000. Stranraer is in the West of the region and has the second largest population of 11,000. There are several smaller town and villages within the region.

Health Services are delivered through General Practices, the District General Hospital in Dumfries, the Galloway Community Hospital in Stranraer and a network of Cottage hospitals throughout the region.

The Infirmary currently has 13 acute inpatient wards (medical, surgical, acute rehabilitation, Critical Care, orthopaedics, care of the elderly and paediatrics). There is also a Renal ward, maternity unit, oncology unit and Palliative Care facility on site.

A range of Diabetes and Weight management outpatient services are delivered from the Diabetes Centre in Mountainhall Treatment Centre. This includes, Insulin pump work, DESMOND, DAFNE, DAFNE Plus, ante natal work and participation in the national Type II diabetes framework activity. Clinical Weight Management services delivers regular weight management sessions on the Mountainhall site and at the Galloway Community Hospital.

Acute Mental health In patient services are delivered on the Midpark Hospital site. The service for Adult Eating Disorders is delivered as an Out patient service which operates from Mountainhall Treatment Centre.

The Dialysis facility is based in Mountainhall Treatment Centre and multidisciplinary clinics operate from that site.

Paediatric out patient clinics are undertaken in The Willows, in various community locations across the region, in addition to those held on the DGRI site.

The adult Community Nutrition Support Dietetic service operates across the region, with Out patient clinics being held in Mountainhall Treatment Centre and other locations across the Region including GP surgeries. Home visits are regularly undertaken as part of this service in addition to regular visits to Care Homes across the region.

The Department operates Clinical Governance service wide, in addition to AHP governance and monitoring. Service user feedback is monitored and benchmarking against Quality Indicators. The regional Enteral Feeding

Guidelines are under review, revising clinical guidelines and protocols required, under direction from the Nutrition and Hydration Strategic Group. The department operates as part of the wider Allied Health Professions (AHP) and participates in joint AHP events.

The Department has developed it's IT and includes access to Clinical portal, Morse, Topas, SCi gateway, Winscribe, Nutritics dietary analysis, labs, e-library, Nutmeg/Manna and access to the catering system IT. The education and training suite within Dumfries and Galloway Royal Infirmary has a wide range of facilities including the library.

Placement A

The learning experience

Students are sent a Welcome pack and draft programme prior to starting the A placement.

Students are encouraged to make contact with the trainer to discuss any specific requirements for the placement, should that be necessary and to confirm the start date.

The 2 week placement can be provided for a single student or as part of the Peer Assisted Learning (PAL) model. The placements include opportunities to observe and participate in many different areas of NHS work, including inpatients, outpatients, catering activity and multidisciplinary working.

The placement programme includes regular feedback sessions with the supervising Dietitians. Students are encouraged to provide the trainer with feedback on the placement experience and complete an evaluation at the end of the placement.

Placement B

The learning experience

Students are sent a Welcome pack and draft programme prior to starting the B placement. Students are encouraged to make contact with the trainer in order to highlight any particular requirements for placement B and to confirm a start date.

An Induction session is delivered at the start of the placement, students are asked to sign an expectation agreement. Students are encouraged to complete their portfolio and reflective diary throughout the placement. It is also the responsibility of the student in collaboration with the supervising dietitians, to ensure that an adequate volume of assessment tools are completed, to evidence and support the Learning Outcomes. These can be accessed from the Dietetic shared drive.

The 12 week placement is made up of themed weeks and involves all settings including inpatients, outpatients and domiciliary visits. Clinical areas include general medicine, surgery, care of the older adult, rehabilitation, renal, diabetes, paediatrics and mental health. Although students have theoretical knowledge of clinical conditions seen on placement B, learning based activities related to various clinical topics have been developed and can be used as required.

A supervising dietitian is assigned to the student for each placement week. At the beginning and end of the week, the student and their supervisor will meet to plan and review the learning activities, in addition

to monitoring progress toward achieving learning outcomes. Weekly feedback sessions are undertaken with the supervisors in addition to a Midway review (end of week 6) and the Final placement review which are undertaken with the Student Coordinator and the lead student trainer.

All students are required to participate in the delivery of talks such as cardiac rehabilitation, pulmonary rehabilitation or the stroke group. In addition they will participate in Group work facilitation and delivery with the Diabetes and weight management teaching sessions. Students must complete a case study and deliver a formal presentation of the case study to the Dietetic teams, toward the end of the B Placement

Students are encouraged to provide the trainer with feedback on the placement experience and complete an evaluation at the end of the placement.

Placement C

The learning experience

Students are sent a Welcome pack and draft programme prior to starting the C placement.

Students are encouraged to make contact with the trainer in order to highlight any particular requirements for placement C and to confirm a start date.

An Induction session is delivered at the start of the placement, students are asked to sign an expectation agreement. Students are encouraged to complete their portfolio and reflective diary throughout the placement. It is also the responsibility of the student in collaboration with the supervising dietitians, to ensure that an adequate volume of assessment tools are completed, to evidence and support the Learning Outcomes. These can be accessed from the Dietetic shared drive.

The 12 week placement is made up of themed weeks and involves all settings including inpatients, outpatients and domiciliary visits. Clinical areas include general medicine, surgery, ITU/HDU, care of the older adult, rehabilitation, renal, diabetes, paediatrics and mental health.

A supervising dietitian is assigned to the student for each placement week. At the beginning and end of the week, the student and supervisor will meet to plan and review the learning activities as well as monitoring progress with meeting the learning outcomes.

All students are required to participate in the delivery of talks such as cardiac rehabilitation, pulmonary rehabilitation or the stroke group. In addition they will participate in Group work facilitation and delivery with the Diabetes and Weight management teaching sessions.

Students must complete a case study and deliver a formal presentation of the case study to the Dietetic teams, toward the end of the C Placement

Students are encouraged to provide the trainer with feedback on the placement experience and complete an evaluation at the end of the placement.

Quality Assurance

Link University for approval and monitoring:

The Robert Gordon University

Queen Margaret University

Glasgow Caledonian University

Most recent approval date:

Maximum number of student learners who can be supported at any time:

Placement A: 2

Placement B: 2

Placement C: 2