

SCOTTISH DIETETIC PLACEMENT PROFILE

NHS Trust/PCT: <u>NHS BORDERS</u>	Trust Code: 02
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Placements offered (tick all that apply)	
A	<input checked="" type="checkbox"/>
B	<input checked="" type="checkbox"/>
C	<input checked="" type="checkbox"/>

Workforce profile

Consultant Dietitians	Managers	Dietitians (AfC Band 6&7 equivalent)	Dietitians (AfC Band 5 equivalent)	Dietetic Assistants	Administrative	Other
0	1.0 WTE (Dietetic Lead post vacant)	6.93 Band 6 2.89 Band 7 Total 9.82 WTE	4 WTE	0	1.37WTE	0.8 WTE (Eating disorder)

Residential student accommodation

Accommodation is generally available through Heriott Watt University, which has residences in Galashiels, not far from the Borders General Hospital. Further information and contact details are available from Jessie Bell, Office Co-ordinator, telephone 01896 826 450, e-mail jessie.bell@borders.scot.nhs.uk. Students also occasionally use local private lets and B&B accommodation. There is more information on the student microsite; <http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/ahp-student-zone/student-accommodation/>

Summary of service and health care provision

There is a microsite for AHP students on the NHS Borders website which has some useful information on practice placements and accommodation:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/ahp-student-zone/>

The Scottish Borders has a mainly rural, wide spread population with small towns with their own distinct character such as Hawick, Galashiels, Duns, Jedburgh, Peebles and Kelso. The Nutrition and Dietetic service provides a widespread range of services in a number of settings and students will have the opportunity to work in both the acute and primary care locations.

The Borders General Hospital, near Melrose, is the main acute hospital. Students will gain experience in general medicine, surgery, gastroenterology, cardiology, paediatrics, medicine for the elderly, oncology, palliative care, renal and diabetes.

Community dietitian's are based in various locations around the Borders providing services to primary care teams, out-patients clinics, domiciliary visits, residential homes, community hospitals, mental health teams and learning disability team. Students will also be able to spend time in the Health Improvement Team with the dietitian's/public health nutritionists.

Placement A

The learning experience

In placement A, the students time is divided between the acute and community settings, observing the catering system and completing tasks. There is the opportunity to shadow dietitians working in different settings, experiencing work with both in-patients and out-patients and to observe the work of other healthcare professionals. The two weeks are planned to provide students with the opportunities they require to meet their learning outcomes.

Time with their supervisor is allocated at regular intervals in the student programme. Students are encouraged to become actively involved in their learning, identifying their strengths and areas which they feel require further opportunities for learning. At these meetings, students receive feedback on their progress and support is given with monitoring of their tasks and portfolio evidence.

Placement B

The learning experience

In placement B, the students time is divided between the community and acute settings. The community dietetic placement gives experience working within primary care and providing services to a wide range of patient groups in a variety of settings e.g. community hospital, outpatient, domiciliary etc. There are opportunities to see specialist paediatric, eating disorders, specialist weight management and/or Learning Disability dietetics. Students will also spend time with the dietitians/public health nutritionists in the Health Improvement Team to gain an insight to their work.

The Borders General Hospital placement is focused on providing inpatient care providing services mainly to inpatients. Students are encouraged to become involved in multidisciplinary meetings and spend time with colleagues such as Speech and Language Therapy, Diabetes Specialist Nurse etc. in order to appreciate the importance of multidisciplinary working.

Clinical Discussions are led by Specialist Dietitians on Type 1 & 2 Diabetes, Nutritional Support and Dysphagia. A case presentation is also undertaken.

Students are encouraged to be actively involved in their learning, and timetables and plans are adjusted accordingly to meet individual needs.

Assessments are timetabled every two weeks, though informal feedback is given regularly. Evidence of learning is monitored and formative assessment activities reviewed. Towards the latter half of training when there has been sufficient evidence collected to demonstrate competence in a particular area, their summative assessments are completed.

Supervisors communicate regularly in order that students can build on and consolidate their skills when transferring between settings/supervisors.

Placement C

The learning experience

In placement C, the first 1-6 weeks are usually based in the community setting where students commence their professional practice workbook, and appreciate more complex areas of Dietetics within paediatrics, mental health, specialist weight management, eating disorders and learning disability and Health Improvement. Students participate in weekly outpatient clinics in a Health Centre. This provides an opportunity to enhance communication and organisational skills.

The final 6-8 weeks is generally spent within the acute setting at the BGH where experience is gained in delivering Dietetic care to a wide range of patients. Students will develop their Dietetic practice for Type 1 & 2 Diabetes, Nutritional support, those with eating and drinking problems, renal disease, and GI. Clinical Discussions are held by Specialist Dietitians in Paediatrics, Renal, Learning Disability and Mental Health. An Audit project and case presentation is completed before final consolidation. Consolidation involves weekly student led ward rounds with a supervising Dietitian.

Students are encouraged to be actively involved in their learning, and timetables and plans are adjusted accordingly to meet individual needs. Assessments are timetabled every two weeks, though informal feedback is given and discussed with students regularly. Evidence of learning is monitored and formative assessment activities reviewed. Towards the latter half of training when there has been sufficient evidence collected to demonstrate competence in a particular area, their summative assessments are completed.

Supervisors communicate regularly in order that students can build on and consolidate their skills when transferring between settings/supervisors.

Quality Assurance

Link University for approval and monitoring:

The Robert Gordon University

Queen Margaret University

Glasgow Caledonian University

Most recent approval date: QSPP completed in July 2019.

Maximum number of student learners who can be supported at any time:

Placement A: 2

Placement B: 1

Placement C: 2

OCT 2019