



PARENTAL CONSENT FOR CHILDREN UNDER 16 YEARS

PARTICIPATION STATEMENT

“The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

CHILD'S DETAILS Please complete the form in BLOCK CAPITALS

First Name		Surname	
Male/Female		Date of Birth	
Medical Information: (e.g. asthma, injuries etc)			

Emergency Contact Details:

Title		First Name		Surname	
Relationship					
Address					
Postcode					
Telephone (Day):		Telephone (Eve):			

DISCLAIMER:

I (parent/guardian) give permission for my child to take part in climbing at RGU SPORT under my own or another responsible adults supervision.

I understand that my child must abide by COVID Guidelines: they must wash their hands before and after climbing the wall, they must maintain social distancing from other members not within their household and that they must wear a facemask throughout RGU SPORT unless they are on the wall or exempt.

I understand that although, whilst on a course or attending a club or party, supervision is provided by RGU SPORT, climbing is a potentially dangerous sport and accidents may occur through no fault of RGU SPORT colleagues or practice.

I realise that if I take my child into the Bouldering room that I take FULL responsibility for my child, and that I must bring or hire climbing shoes for my child and myself as per the guidelines overleaf.

I recognise that I may only take a maximum of 2 children and that they must be watched at all times.

I am aware that to breach any of the guidelines overleaf or above may result in my removal from the climbing area and my future entry refused.

I agree to ensure my child understands and abides by the guidelines.

SIGNATURE (PARENT/GUARDIAN):		DATE:	
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CLIMBING WALL AND BOULDERING ROOM GUIDELINES

CLIMBING IS A HIGH RISK ACTIVITY AND USERS SHOULD FOLLOW THESE GUIDELINES

1. Climbers are responsible for their own safety and should not act in a way that would be likely to cause offence, injury or harm to others.
2. Only assessed climbers over the age of 18 may sign in a maximum of two buddies, they must accept responsibility for the safety and wellbeing of those buddies.
3. Staff are obliged to comment/take action if they see or are advised of any deviation from these guidelines.
4. Beginners should seek advice and tuition of a qualified instructor.
5. Climbers under the age of 16 must be supervised by an adult authorised user.
6. Children must not be left unaccompanied in the climbing and bouldering areas at any time.
7. Children under the age of 5 cannot be instructed by our team but may be taken by parents under their sole discretion.
8. Children are not permitted to use the climbing areas to play games, use toys or participate in any other activity that may be dangerous to themselves or others using the wall unless under qualified instruction.
9. Do not stand, walk, run, or climb under other climbers. (Look up before you approach the wall.)
10. The crash mats and rubber tiles are designed to reduce the risk of injury in the event of a fall. They do not completely negate any risk of injury and should not be dived or jumped onto from the climbing/bouldering wall. (Try to climb down).
11. No Lead Climbing using the in-situ ropes. Climbers must provide their own suitable dynamic ropes.
12. In-situ ropes should only be used on one line at any one time. At no point should one rope be spread over two lines, (the rope should not be connected through 2 screw gates at the top of the wall at any one point).
13. No waist or shoulder belaying. Only recognised belay devices may be used (e.g. ATC, Bug, Tuber, Reverso, Gri-Gri).
14. Stand whilst belaying; no sitting or lying down.
15. Ballast bags provided should be used when the belayer is lighter than the climber.
16. Climbers must tie into a recognised climbing harness, using appropriate knot i.e. Figure of eight (with appropriate stopper knot) or Bowline (with double stopper knot).
17. Climbers should be aware of spinning or loose holds and bolt hangers, and that they should therefore not be totally trusted.
18. All loose holds and equipment failures must be reported to RGU SPORT staff or via the notices at the wall.
19. All injuries should be reported to RGU SPORT staff for record keeping and First Aid administration.
20. Under 16's must wear helmets. (Under 16's with parental consent do not have to wear a helmet).
21. Only chalk balls to be used. Strictly no loose chalk. Liquid chalk recommended for COVID-19
22. RGU SPORT reserve the right to refuse entry to, or ask to leave at any time, anyone who shows a lack of understanding of basic climbing principles, uses unsafe equipment or behaves irresponsibly or endangers themselves or other users.
23. No bouldering or traversing on lead climbing wall.
24. Climbing shoes must be worn on both walls at all times unless instructed otherwise.
25. Anyone being instructed on the wall must wear helmets.
26. All bolts on a line must be clipped while leading.
27. Climbers should not traverse across different routes whilst leading or top roping (they must remain in one corridor)
28. When lowering off, the leader should ensure the top screw gate is screwed shut. No seconding/bottom roping on single quickdraws.
29. Any equipment provided by the climber is used at their own risk.
30. Information and advice given by RGU SPORT climbing instructors must be adhered to.
31. Harnesses must be removed before utilising the bouldering room.
32. Any in-situ ropes moved for bottom roping/whilst leading must be replaced as soon as the route is finished. Any ropes on the floor next to that route should be replaced in the interests of climbing etiquette.
33. Any climber who is found to be using the main wall when they only have access to the bouldering room will be removed from the premises and may be refused future entry.
34. Those entering the climbing wall and bouldering room must adhere to RGU SPORT COVID-19 procedures which are displayed in each area and at rgusport.co.uk.